

NOTICEBOARD

CARDS '500'

1 st	Graham Meehan	3410
2 nd	Diane Young	3060
3 rd	Heather Nicol	2810



HOSPICE DINNER - 5th September 2009

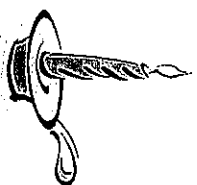
A meeting was held on Saturday afternoon after a call for helpers for this year's Hospice Dinner. My grateful thanks to Doris McInness, Kay Hammonds, Ailsa Jackson, Karen Trebes, June Redding, Norreen Voyce, Betty Lucas, Freda Reid, Joan Ross and Bev Taylor (Entertainment Committee Convenor) and Lois Cruden for your resounding support. If any resident has any items or suggestions for "Hospice" please contact one of these ladies in the first instance.

There was overwhelming support for the White Elephant Stall (and once again the Craft Room is filling up with marvellous items), thank you Lois for your continued support.

A Cake Stall was also strongly supported, the outcome being that a Cake Stall which will be held on Wednesday, 26th August, more news on that as the time gets closer. However, dig out those old Aunt Daisy cook books and cook up a treat for "Hospice".

"There are some of us who cook and lots of us who 'eat'." Whichever you are, remember it's all for a very good cause. Don't forget the Ocean Shores Recipe Book for some great ideas.

"Remembrance"



COCKTAIL PARTY



WHEN: Saturday, 8th August 2009

WHERE: 4.30 pm in the LOUNGE

DRESS: Smart Casual

TICKETS: Available at Reception when booking & paying - Includes one FREE drink

FOOD: Delicious Finger Food

COST: \$10.00

PLEASE: Wear your Name Badge so you can Mix & Mingle and the new residents get to know YOU.



INVITE FAMILY AND FRIENDS TO JOIN YOU

DON'T FORGET - THIS SUNDAY

Classical Pianist 'Rosa Cochrane'

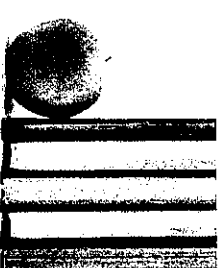
2pm in the Lounge

Free Concert - also invite family and friends to join us

FROM THE LIBRARY
Some new Danielle Steel books - see top shelf over by the window, extreme right, (thanks Pauline).

AND for the 'boys' a small pile of footy books also on the top shelf.

Happy reading.....Chris



OCEAN SHORES ART GROUP

All those interested in an Art Group please meet in the Craft Room, 1 pm on Wednesday 5th August to discuss the direction in which we wish to go and to do some painting as well.

Beginners Welcome.

VILLAGE ON THEIR FEET

- To encourage residents to maintain their mobility by regularly walking and to socialise.
- Walking is the most popular form of exercise, anyone can do it.

Have you joined our walking group??? 1 pm every day in the Games Room.

No lessons required just a good pair of shoes that are comfortable and provide good support. Where you start isn't important; it's where you're going that counts. As you improve you gradually increase your time and pace.

Any resident can join – Go on.....you can do it!!!!

CONGRATULATIONS TO ALL THE KIDS WHO WERE BORN IN THE 1910's, 20's, 30's, 40's, and 50's.

First, we survived being born to mothers who smoked and/or drank while they carried us and lived in houses made of asbestos.

They took aspirin, ate blue cheese, tuna from a can, and didn't get tested for diabetes or cervical cancer.

Then after the trauma, our baby cribs were covered with bright lead-based paints.

We had no childproof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets or shoes, not to mention, the risks we took hitchhiking.

As children, we would; ride in cars with no seat belts or air bags. Riding in the back of the truck on a warm day was always a special treat.

We drank water from the garden hose and NOT from a bottle.

Take away food was limited to fish and chips, no pizza shop, McDonalds, KFC or Subway.

We shared on soft drink with four friends, from one bottle and NO ONE actually died of this.

We ate cupcakes, white bread and real butter and drank soft drinks with sugar in it, but we weren't over weight because.....

WE WERE ALWAYS OUTSIDE PLAYING!!!!

We would leave home in the morning and play all day, as long as we were back when the streetlights came on. No one was able to reach us all day. And we were OK.

We would spend hours building our go-carts out of scraps and then ride down the hill, only to find out we forgot the brakes! We built tree houses and club houses and played in creek beds and matchbox cars.

Even though all the shops closed at 6 pm and didn't open in the weekends, somehow we didn't starve to death!!

SOUND FAMILIAR?

OCEAN SHORES ENTERTAINMENT COMMITTEE

COMING EVENTS

AUGUST

Sunday 2nd Classical Pianist - Rosa Cochrane – 2pm in the Lounge - Free Concert **THIS SUNDAY**

Saturday 8th **COCKTAIL PARTY** – 4.30pm in the Lounge
Book and Pay for your tickets at Reception.
\$10.00 – Includes Finger Food and one drink
Family and friends very welcome.

Monday 17th **'HOSPICE WHITE ELEPHANT STALL'**
9 am – 3pm in the Craft Room

Wednesday 26th **'CAKE STALL'** for Hospice

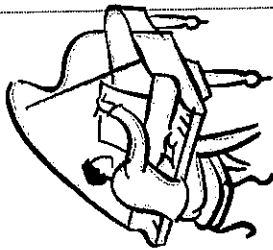
Friday 28th **RESIDENTS MORNING TEA** – 10am in Atrium
SPEAKER: Greg Brownless, from Legacy Trust –
he is an excellent humorous speaker.

Also Daffodil Day - Donation Box will be on Morning Tea Table

SEPTEMBER

Saturday 5th **"HOSPICE DINNER 2009"**

Our theme - "Remembrance"



from the Manager's Desk

Various Equipment Purchases

For those of you who have not recently used the gym we have a new item of equipment. It is a multi weight machine which you can adjust weights to suit your own ability. Please do not over do it – it's always best to use a lighter weight and do more repetitions. The new equipment has enhanced the range of exercises that can be done in the gym.

Other items recently purchased by the operator include a new set of hotplate elements in the kitchen and also a new commercial dishwasher in the kitchen. The old items had had many years of extensive use and the replacements will also be well used.

Our thanks to Terry, and the team at Head office for authorising these items out of Operator funds.

Community Service Cards

Some of you may be eligible for Community Services Cards. Are you aware that if you have a community services card there are a number of things that you able to get assistance for e.g. gardening? This may be helpful for those of you who want gardeners on a more regular basis than the frequency that our gardeners are able to get around. If you are entitled to this assistance I would encourage you to use it. This could have the effect of speeding up our own gardeners scheduled visits which in turn would benefit everyone.

Annual Leave

By the time you read this I will be on holiday. I am away from Thursday 30 July and will be back on Monday 10 August. We are off to Mooloolaba for some sunshine and warmth – hopefully things will also start warming up here before too much longer. As usual Judy will be filling in during my absence so I ask you to give her your support and if something can wait until I return it will make it easier for Judy.

Have a happy week.

Sandy Quigley
Manager



This week we celebrate the following birthdays:


*Lesley Ellis, Lily Hartvelt, Roy Martin, Lily MacKenzie,
Jack Lempiere, Lesley Stephen, Irene Cameron,
David Horton and Tom Hackett*

We hope you all have a very happy day

THOUGHT FOR THE DAY

“Attitude is everything, shoot for the moon.
Even if you miss, you'll be among the stars.”

WEEKLY PROGRAMME

Sun 2nd 

Christian Fellowship - 4.15 pm – 5.15 pm in the Music Room

Speaker: John Douglas

NO MOVIE – today

‘Rosa Cochrane’ – Classical Pianist Recital – 2 pm in the Lounge

Snooker – 1 pm in the Games Room

Hairdresser – Maryann

Black Bin Recycling

• Bus to Owen's Place - 1 pm

Walking Group - 9 am.....join this happy group

Bowls - Start 10.00 am and 1 pm names in 10 minutes before play

Craft Group – Sewing, Embroidery, Knitting, Tapestry -10.30 am

Mah Jong – 1 pm in the Music Room

Housie – 7 pm in the Music Room

Village on its Feet – 1 pm in the Games Room

Hairdresser – Maryann

Garden Refuse Collection – GREEN waste only

• Bus to Bayfair – 9.30 return at 11 am

• and 10 am return at 11.30am

Petangue – 10.30 am New Players Welcome

Bolivia – 12.45 pm

Indoor Bowls – 7 pm in the Games Room

500 Cards – 1 pm in the Games Room

Snooker – 1 pm in the Games Room

Village on its Feet – 1 pm in the Games Room

Hairdresser – Julianne

Exercise to Music, two sessions,

1. 9am - Movement to Music

2. 10.45am - Sit and Be Fit

BRIDGE LESSONS – 10.30 am in the Music Room - New players welcome

Bowls – names as per Monday

Golf Croquet – 9.30 am

Bridge Group – 7 pm in the Music Room

Ocean Shores Slimlines – weigh-in 4 pm in the Nurses Clinic

Village on its Feet – 1 pm in the Games Room

Hairdresser – Julianne

‘CLARITY HEARING’ – 9am – noon in the Doctor's Room

• Bus to Bayfair – 9.30 and 10 am starts again

back at 11 am only

Bolivia – 12.45 pm

Snooker – 1 pm in the Games Room

Village on its Feet – 1 pm in the Games Room

Hairdresser – Julianne

Bus to Papamoa – 10 am

‘Happy Hour’ 4.30 – 5.45 pm

Snooker – 1 pm (and any other Wet Day)

Village on its Feet – 1 pm in the Games Room

‘COCKTAIL PARTY’ 4.30 pm in the Lounge

Bowls - as per Monday

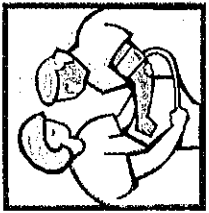
Golf Croquet – 9.30 am

Rummikub – 1 pm in the Music Room

‘Phase Ten’ Card game 1 pm in the Music Room

Board Games – 7 pm in the Games Room





Clinic Hours:

10.30 – 11.30 am Monday – Friday

2.00 – 2.30 pm Monday - Friday

Weekend Hours:

10.30 – 11.30 am ONLY and Public Holidays

NURSE PHONE NUMBER : 575 7608

Dr Offner's Clinic – Wednesday 12 noon – 1.15 pm

BAYFAIR DOCTORS TELEPHONE NO. 572 6800

Shore Lines

The weekly newsletter of Ocean Shores Village • Mt Maunganui



Ocean Shores
MT MAUNGANUI

Nurse's phone number:

575 7608

Office phone number:

575 7120

Fax number 07 575 5260

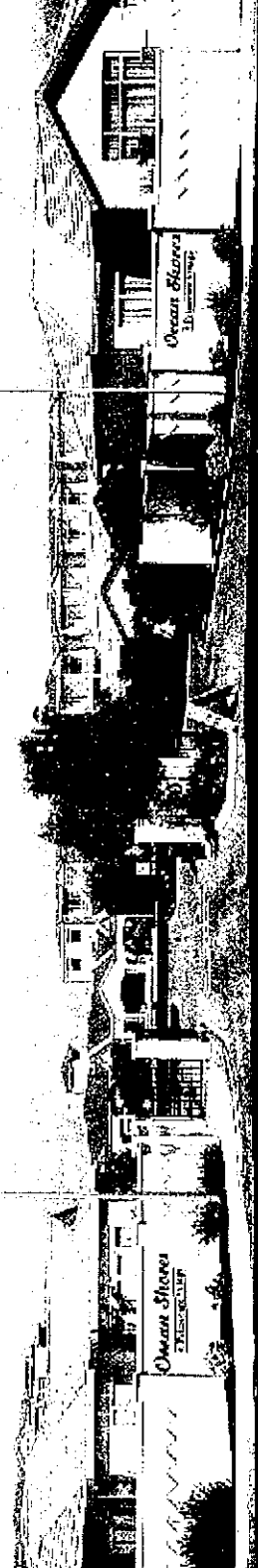
Email oceansvillage@primelife.co.nz

website www.primelife.co.nz



RETIREMENT LIVING

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